

IT'S ABOUT TIME

Untangling Everything You Need to Know About Time
by Pascale Estellon

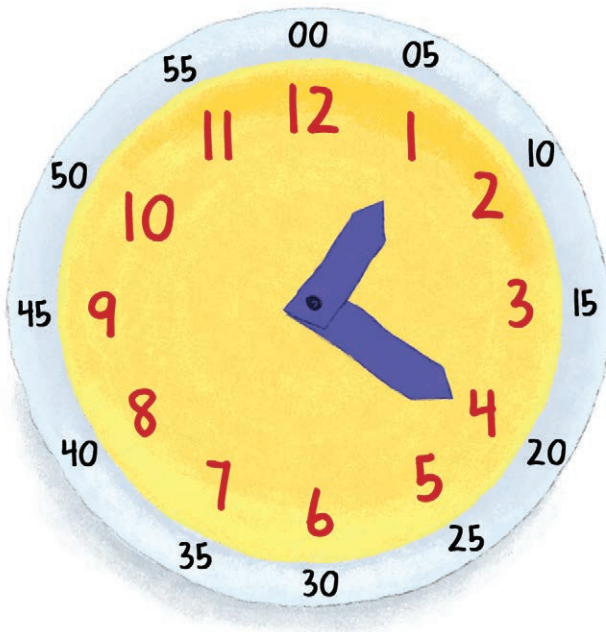


A complete introduction to the many concepts of time, *It's About Time* uses activities, tips and tricks to help kids understand time. Practice – and master – telling time with these four activities.

Activity 1: Paper plate craft

What you need:

- a paper plate
- colored paper
- scissors
- a glue stick
- a marker
- a paper fastener



1. Cut a circle from the colored paper that is a bit smaller than the paper plate.
2. Glue the circle onto the plate so that your clock has a rim that's a different color from the face.
3. Write the hours in the proper places on the clock face.
4. Write the minutes on the rim.
5. Cut out an hour hand and a minute hand and fasten them to the center of the plate with the paper fastener.

Great job! You made your very own clock!

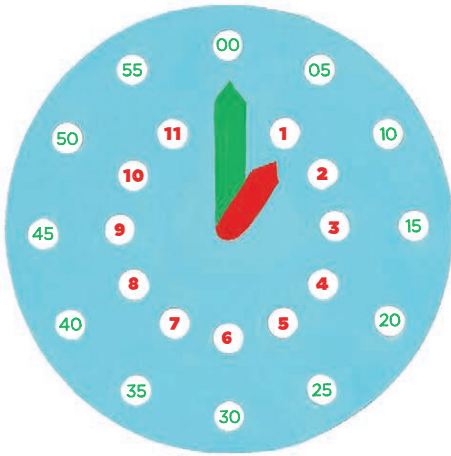
But how does it work??

Now, let's take this one step at a time...

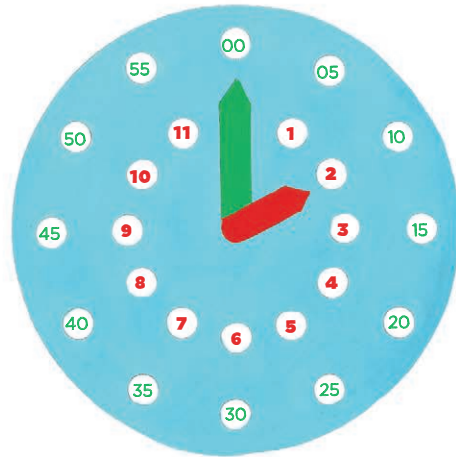
Take your clock and try moving the hands.
Remember, they always turn in the same direction.



Try moving the hour hand. That's the short hand.

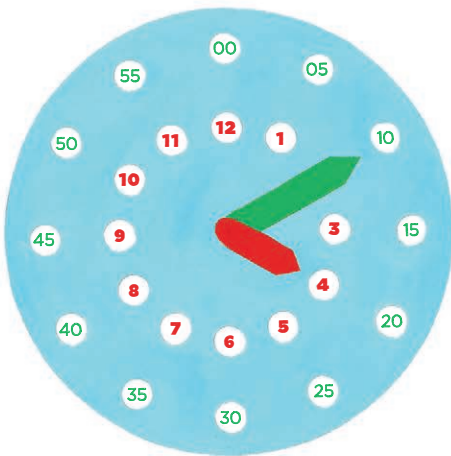


It's 1 o'clock.

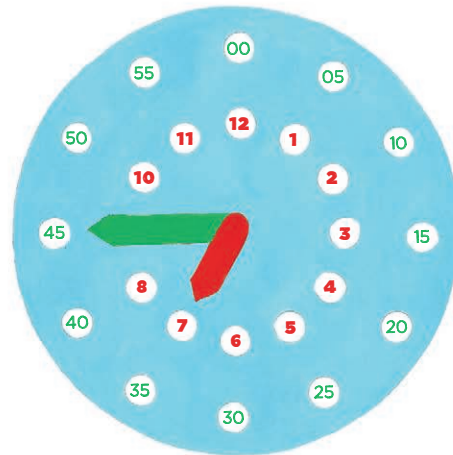


It's 2 o'clock.

To tell time correctly, first you read the number for the hour—the number that the short hand points to. Then you read the number for the minutes—the number that the long hand points to.



It's 4:10.

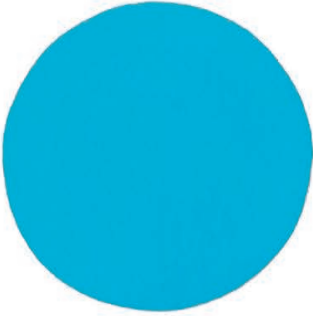


It's 7:45.

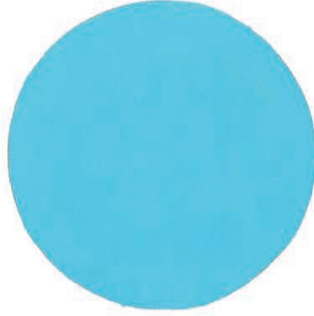
Try practicing on your own clock!

Activity 2: What time is it?

Cut out the clocks on the next page. Glue each one to the correct circle below based on the time the clock reads.



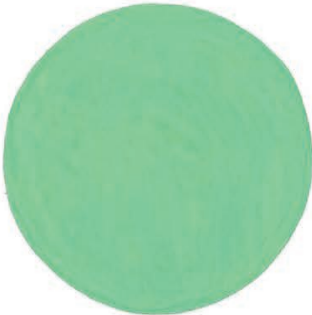
11:00 a.m.



2:00 p.m.



4:30 p.m.



8:00 p.m.



11:00 p.m.



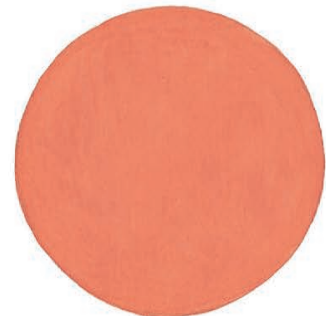
Midnight



Noon

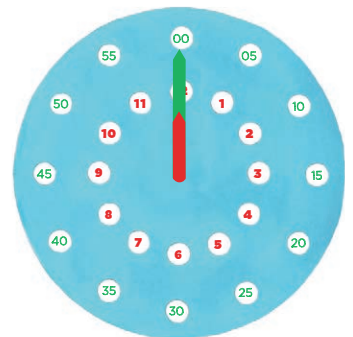
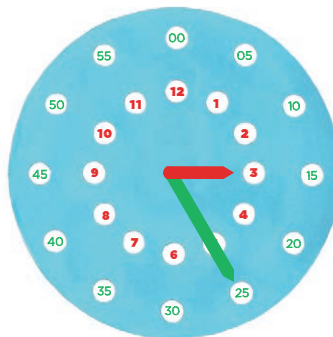
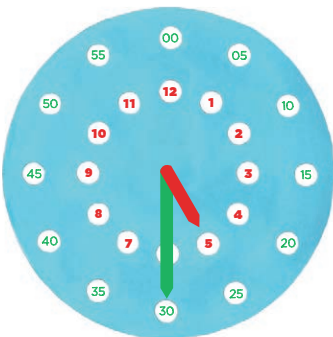
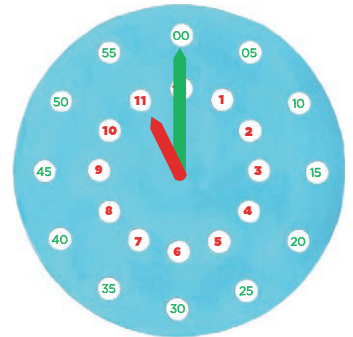
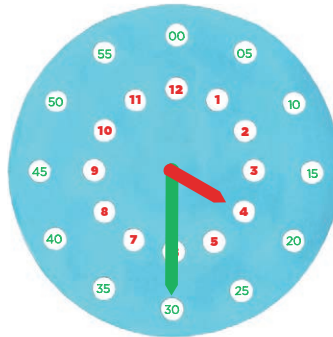
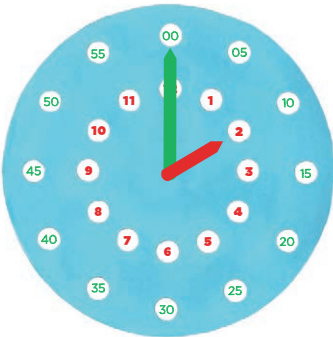
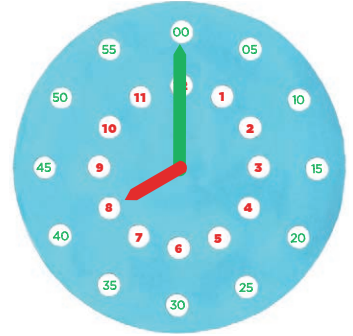
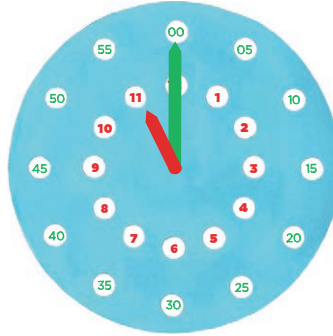
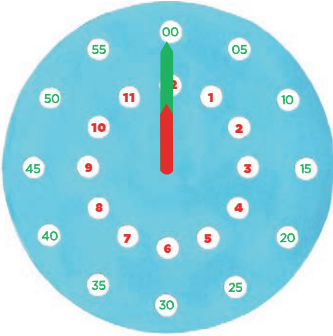


5:30 a.m.



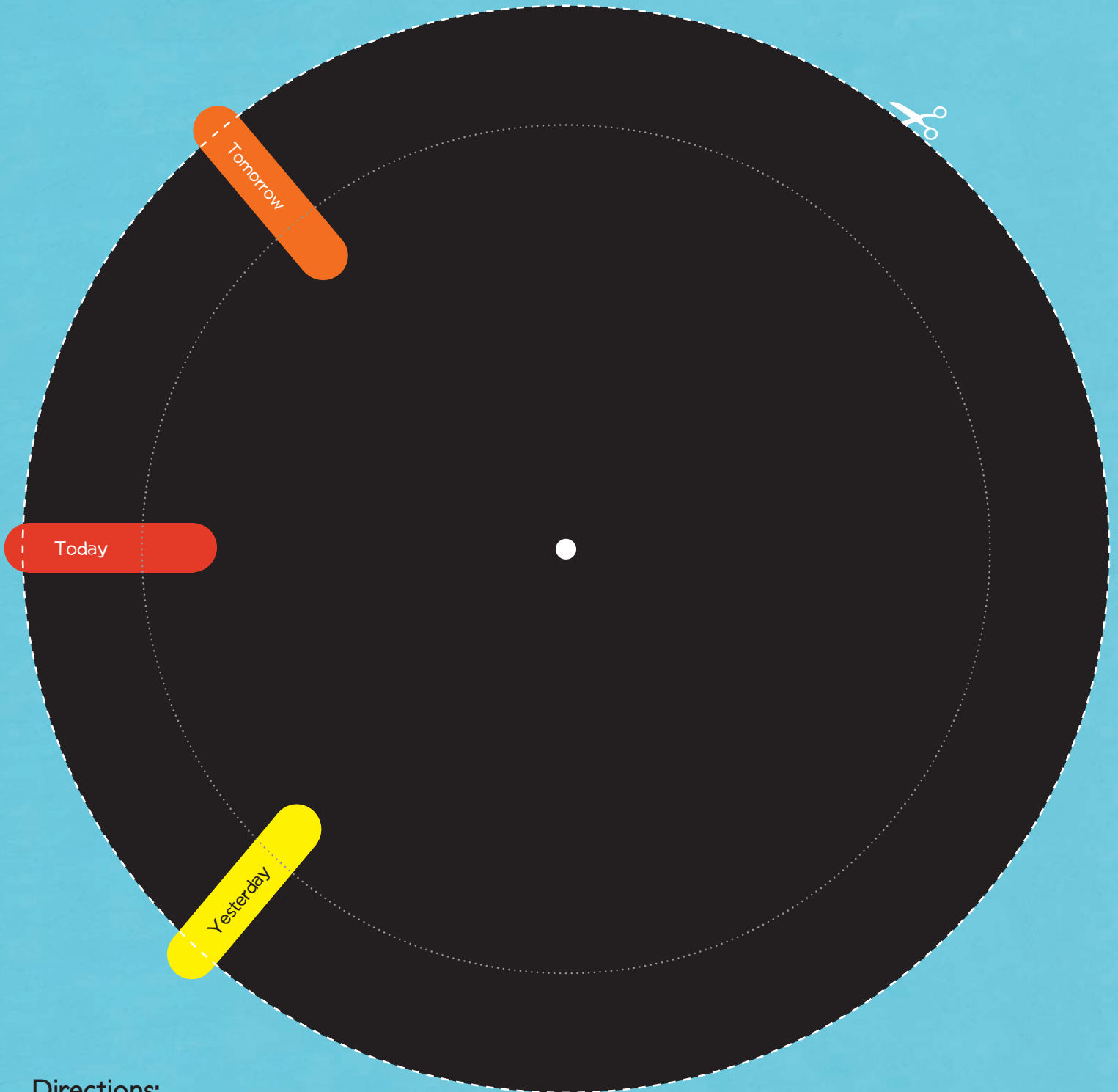
3:25 p.m.

Use these clocks for the exercise on the previous page.



Activity 3: Let's play with days!

Today is the day that you are having right now.
Yesterday was the day before today. Tomorrow is the day after today.



Directions:

1. Cut out the circle wheel on the next page. Use a paper fastener to connect both circles at their center points.
2. Turn the wheel until the red tab is pointing at today's day. Then look at what day yesterday was, and what day tomorrow will be.



Cut out this circle. Follow directions on the previous page.



What is the first day of the week?
What is the last day of the week?

Today is Saturday, and you don't have
to go to school.
What is the day before Saturday?
What is the day after Saturday?

If your birthday is on a Thursday,
what is the next day of the week?

If today is Monday, what is tomorrow?
What was yesterday?

On Sunday, you call your friends to invite
them to come over to your house in 3 days.
What day will your friends come over?

Activity 4: My Timetable

Write the days of the week in each yellow circle, starting with Monday, and use this timetable to record your activities for the week.

	Morning	Afternoon
●		
●		
●		
●		
●		
●		
●		