

# WHAT TOTEM ANIMAL ARE YOU?

Inspired by *Sometimes I Feel Like a Fox*  
Written and illustrated by Danielle Daniel

Elegant	Determined	Sensitive	Confident
Vulnerable	Busy	Loving	Brave
Traveler	Practical	Kind	Protective
Peaceful	Adventurous	Wise	Gentle
Patient	Creative	Intuitive	Strong
Reflective	Quick	Cautious	Perceptive
Observant	Truthful	Curious	Intelligent
Clever	Mysterious	Innocent	Loyal
Sharp	Balanced	Imaginative	Family-Oriented



SOMETIMES I FEEL LIKE A FOX

Danielle Daniel

In this introduction to the Anishinaabe tradition of totem animals, young children explain why they identify with different creatures such as a deer, beaver or moose. Delightful illustrations show the children wearing masks representing their chosen animal, while the few lines of text on each page work as a series of simple poems throughout the book.

Using the descriptions from *Sometimes I Feel Like a Fox* as a guide, now you can find out which totem animal you most identify with. Circle five of the characteristics above that you feel best describe you, and then cut along the dotted lines. Find the square that you circled the most words on and flip it over to meet your totem animal.

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40 pages | Ages 4 to 7 | Grades K to 2

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Art and text © 2016 by Danielle Daniel

Danielle Daniel, a mixed-media artist and writer, is Métis. She was inspired to write *Sometimes I Feel Like a Fox*, which began as a series of paintings, to encourage her young son to connect with his Aboriginal roots.

From the book:

*Animal totems are also known as animal guides. In my book, a selection of totems act as guides to help children identify with the positive character traits of animals that may be familiar to them. Although children may associate with different animal guides throughout their lives, it is commonly believed that one animal acts as their main guide.*

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