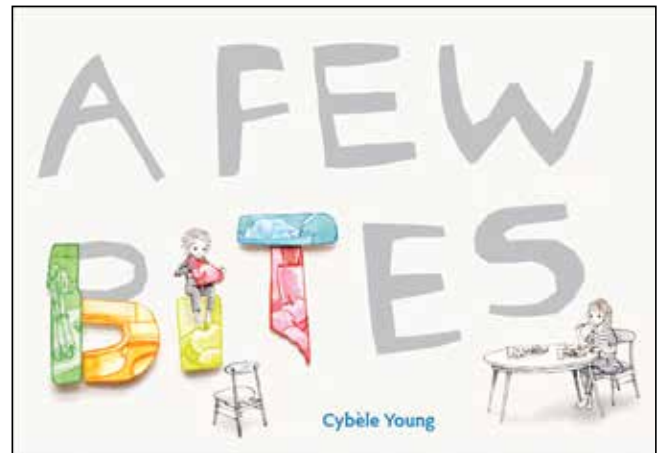


Storytime Activities from Groundwood Books

Before You Read

At the beginning of *A Few Bites*, Ferdie would much rather find the special part for his fighter ship than eat his lunch. His sister, Viola, has made him a nutritious meal, but she has to use her wonderful imagination before they can both enjoy a few bites.

Make a list of foods that the children in your group don't like. Then read the story aloud.



A Few Bites | Cybèle Young

978-1-55498-295-0 | Hardcover \$18.95

Ages 4 to 7, K to Grade 2

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While You're Reading

Have your group look for all the everyday objects in the wild scenes that Viola and Ferdie explore.

After You Read

1. In the course of the story, Viola and Ferdie meet dinosaurs, aliens and undersea creatures. Ask your group which of these three they would most want to meet and have them draw their adventure.

2. Viola uses her imagination and creativity to convince Ferdie to eat his lunch. For this activity, organize your group into pairs and have them each pick an ordinary object in the room. Their job is to make up a new story about the item — where did it come from, and what does it do? Have the pairs take turns telling each other these stories.



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3. Ferdie may not be wild about broccoli and carrots, but there are lots of other delicious and nutritious fruits and vegetables. For this activity, your group will work together to identify some fabulous healthy foods. To begin, write each of the foods listed below on a piece of paper (feel free to include your own favorites as well!), then put the pieces of paper in a bowl. One at a time, have each child choose a piece of paper and draw that food for the group on chart paper or a chalkboard. As the child draws, it's the group's job to decide whether the food is healthy or unhealthy. When the group gets the right answer, it's someone else's turn to draw. Continue drawing and guessing until everyone has had a turn.



- Banana
- Cheese
- Candy
- Pineapple
- Chocolate Bar
- Broccoli
- Rice
- Yogurt
- Apple
- Potato Chips
- Carrot
- Pear
- French Fries
- Egg
- Pop
- Lettuce
- Bread
- Blueberries
- Beans
- Milk
- Tomato
- Cake
- Ice Cream
- Sugary Cereal
- Cookie
- Lemon
- Peach
- Cauliflower

Also available: *A Few Blocks* by Cybèle Young | 978-0-88899-995-5 | Hardcover \$18.95 | Ages 4 to 7, K to Grade 2

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